### B. <u>EDUCATIONAL BACKGROUND</u>

1. <u>Academic Degree(s):</u> B.A. and higher; institution name and location; dates attended; date of award. Expand the table as needed.

| Degree           | Institution Name and      | Dates attended | Year Awarded |
|------------------|---------------------------|----------------|--------------|
| (abbreviation)   | Location                  |                |              |
| Doctor of        | The George Washington     | 2002 - 2006    | 05/2006      |
| Medicine         | University Medical School |                |              |
|                  | Washington, DC            |                |              |
|                  |                           |                |              |
| Bachelor of Arts | The George Washington     | 1998 - 2022    | 05/2002      |
|                  | University                |                |              |

2. <u>Post-doctoral training (include residency/fellowships):</u> In chronological order beginning with post-doctoral training positions; include full titles, ranks and inclusive dates held. Expand the tables as needed.

| Title                       | Institution name and location           | Dates held      |
|-----------------------------|---|-----------------|
| Sports and Spine Medicine   | University of Colorado                  | 07/2011-06/2012 |
| Fellow                      | Denver, CO                              |                 |
|                             |   |                 |
| Resident Physician          | Hospital of the University of           | 07/2008-06/2011 |
|                             | Pennsylvania                            |                 |
|                             | Philadelphia, PA                        |                 |
| General Surgery Internship  | Boston University Medical Center        | 06/2007-06/2008 |
|                             | Boston, MA                              |                 |
| Orthopaedic Research Fellow | New York University –Hospital for Joint | 6/2006-06/2007  |
|                             | Diseases                                |                 |
|                             | New York, NY                            |                 |

### 3. Continuing Medical Education Courses/Certificates

| Certificate or Course | Institution Name and Location | Dates attended |  |
|-----------------------|-------------------------------|----------------|--|
|                       |                               |                |  |

4. <u>Other Educational Experiences</u>

| Description | Institution Name and Location | Dates attended |
|-------------|-------------------------------|----------------|
|             |                               |                |
|             |                               |                |

## C. <u>LICENSURE, BOARD CERTIFICATION, MALPRACTICE</u>

1. <u>Licensure:</u> Every physician appointed to the Hospital staff, except interns, and aliens in the US via non-immigrant visas, must have a New York State license or a temporary certificate in lieu of the license.

| a. State   | Number       | Date of issue | Date of last registration |
|------------|--------------|---------------|---------------------------|
|            | 138062       | 09/01/2015    | 6/30/2019                 |
| California |              |               |                           |
|            | 25MA09297300 | 05/16/2013    | 6/30/2017                 |
| New Jersey |              |               |                           |
| New York   | 264245       | 02/08/2012    | 5/31/2019                 |

| c. DEA number (optional): | FS 3177979 |
|---------------------------|------------|
| d. NPI number (optional): | 1710151477 |

## 2. <u>Board Certification</u>

| American Board of Physical Medicine & Rehabilitation | ( | (7/1/2012 – 12/31/2022)   |
|--|---|---------------------------|
| Subspecialty Certification in Sports Medicine        | ( | (9/1/2012 – 12/31/2022)   |
| Subspecialty Certification in Pain Medicine          | ( | (8/18/2012 to 12/31/2022) |

## 3. <u>Malpractice Insurance</u>

| Do you have Malpractice Insurance?             | Yes |  |
|--|-----|--|
| Name of Provider: MCIC Vermont                 |     |  |
|  |     |  |
| Premiums paid by Weill Cornell Medical College |     |  |
|  |     |  |
|  |     |  |

## D. PROFESSIONAL POSITIONS AND EMPLOYMENT

## 1. Academic positions (teaching and research)

| Title                                   | Institution name and location     | Dates held            |
|---|-----------------------------------|-----------------------|
| Associate Clinical Professor of         | Weill Cornell Medicine-           | 03/01/2018-Present    |
| Rehabilitation Medicine                 | New York, NY                      |                       |
|   |                                   |                       |
| Adjunct Clinical Associate Professor of | Columbia University College of    | 03/01/2018-Present    |
| Rehabilitation Medicine                 | Physicians and Surgeons           |                       |
|   |                                   |                       |
| Assistant Clinical Professor of         | Weill Cornell Medicine-           | 09/01/2012-02/28/2018 |
| Rehabilitation Medicine                 | New York, NY                      |                       |
|   |                                   |                       |
| Willibald Nagler Clinical Scholar in    | Weill Cornell Medicine-           | 10/1/2013-Present     |
| Rehabilitation Medicine                 | New York, NY                      |                       |
|   |                                   |                       |
| Adjunct Clinical Assistant Professor of | Columbia University College of    | 09/2012-02/28/2018    |
| Rehabilitation Medicine                 | Physicians and Surgeons           |                       |
|   |                                   |                       |
| Clinical Instructor                     | University of Pennsylvania School | 07/2009-06/2011       |
|   | of Medicine,                      |                       |
|   | Philadelphia, PA                  |                       |

## 2. <u>Hospital positions (e.g., attending physician)</u>

| Title                           | Institution name and location   | Dates held          |
|---------------------------------|---|---------------------|
| Associate Attending Physiatrist | New York – Presbyterian Hospital<br>Weill Cornell Medical Center          | 03/01/2018- Present |
| Associate Attending Physiatrist | New York – Presbyterian Hospital<br>Columbia University Medical<br>Center | 03/01/2018- Present |
| Assistant Attending Physiatrist | New York – Presbyterian Hospital<br>Weill Cornell Medical Center          | 09/2012- 02/28/18   |
| Assistant Attending Physiatrist | New York – Presbyterian Hospital<br>Columbia University Medical<br>Center | 09/2012- 02/28/18   |

# E. <u>EMPLOYMENT STATUS (current or anticipated)</u>

| Name of Employer:<br>Weill Cornell Medicine            |  |
|--|--|
| Employment Status: Full-time salaried by Weill Cornell |  |

## F. INSTITUTIONAL/HOSPITAL AFFILIATION

| 1. Primary Hospital Affiliation: | New York-Presbyterian Hospital-<br>Weill Cornell Medical Center       |
|----------------------------------|---|
| 2. Other Hospital Affiliations:  | New York-Presbyterian Hospital-<br>Columbia University Medical Center |

# G. PERCENT EFFORT AND INSTITUTIONAL RESPONSIBILITIES

| CURRENT % EFFORT | (%)  | Does the activity involve WCMC students/researchers? Yes |
|------------------|------|--|
| TEACHING         | 2%   | Yes  |
| CLINICAL         | 70   | Yes  |
| ADMINISTRATIVE   | 10   | No   |
| RESEARCH         | 18   | Yes  |
| TOTAL            | 100% |  |

| WCMC ANTICIPATED % EFFORT | (%)  | Does the activity involve WCMC students/researchers? (Yes/No) |
|---------------------------|------|---|
| TEACHING                  |      |   |
| CLINICAL                  |      |   |
| ADMINISTRATIVE            |      |   |
| RESEARCH                  |      |   |
| TOTAL                     | 100% |   |

# **INSTITUTIONAL RESPONSIBILITIES**

## 1. <u>Teaching (e.g., specific teaching functions, courses taught, dates</u>

| <u>Didactic teaching:</u> (e.g., lectures, continuing medical education courses, grand rounds, professional development programs, seminars, tutorials) |   |            |  |
|--|---|------------|--|
| Course Director  | Dancer Wellness Workshop<br>Battery Park Dance Company            | 02/28/2016 |  |
| Course Director  | Multidisciplinary Spine and Pain Symposium Weill Cornell Medicine | 05/11/2014 |  |

| Course Director   | 2 <sup>nd</sup> Year Medical Student Physical Exam Workshop<br>Weill Cornell Medical College                         | 03/2014 - 2015    |
|---|--|-------------------|
| Clinical Instructor   | Gross Anatomy Lab<br>Weill Cornell Medical College   | 01/2014 - Present |
| Course Instructor   | Musculoskeletal Physical Exam Workshop<br>Columbia University Medical Center   | 12/2013           |
| Residency Site Director   | Weill Cornell Outpatient and EMG Service PGY-4 Resident Rotation   | 07/2013 – Present |
| Clerkship Director  | Weill Cornell PM&R Primary Care Group MS3 and MS4 Students   | 05/2013 - 01/2015 |
| ,   | for medical student, graduate student, resident, clinical aculty projects; service as graduate student thesis adviso | •                 |
| member)   |  | Dates             |
| Sports Medicine Fellows N   | <u> Mentored</u>   |                   |
| Andrew Hsu, M.D.  |  | 2013-14           |
| Caroyln Thompson, D.O.  |  | 2014-15           |
| Ethan Rand, M.D.  |  | 2015-16           |
| Michael Saulle, D.O   |  | 2016-17           |
| Idris Amin, M.D.  |  | 2017-18           |
| Physician Assistant Studer  | nts Mentored (Weill Cornell Medicine)  |                   |
| Rachel Shapiro  |  | 07/2013 – Present |
| Medical Students Mentored (International) Kevin Yip (University College London) |  | 05/2013 – Present |
| Clinical teaching:  |  |                   |
| Moil Cornell Contact for Co   | amarahansiya Saina Cara  | 00/2012 Brasset   |
| Weill Cornell Center for Co<br>Attending 5 sessions/v                           | •  | 09/2012 – Present |
| Rehabilitation Medicine Cl<br>Attending 2 sessions/v                            |  | 09/2012 – Present |
|   |  |                   |

| Administrative teaching le | eadership role:  |                   |
|----------------------------|--|-------------------|
| Fellowship Site Director   | Weill Cornell Sports/Spine Rotation Sports Medicine Fellowship   | 07/2015 – Present |
| Residency Site Director    | Weill Cornell Outpatient and EMG Service PGY-4 Resident Rotation | 07/2013 – Present |
| Clerkship Director         | Weill Cornell PM&R Primary Care Group MS3 and MS4 Students       | 05/2013 – 01/2015 |

# 2. Clinical care

| Clinical Activity; Clinical Program Development   | Dates          |
|---|----------------|
| Weill Cornell Center for Comprehensive Spine Care | 9/2012-Present |
| 5 sessions/week                                   |                |
|   |                |
| Rehabilitation Medicine Clinic                    | 9/2012-Present |
| 2 sessions/week                                   |                |
|   |                |

# 3. Research

| Dates             |
|-------------------|
| 10/2013 – Present |
|                   |
|                   |
|                   |
| 09/2013 – Present |
| 03/2013 1163611   |
|                   |
|                   |
|                   |

## 4. Administrative Activities

| Administrative Activity                     | Date              |
|---|-------------------|
| Fellowship- Clinical Competency Committee   | 01/2016 – Present |
| ACGME Accredited Sports Medicine Fellowship |                   |
| New York Presbyterian Hospital              |                   |
| Division of Rehabilitation Medicine         |                   |
| Weill Cornell Medicine                      |                   |
|   |                   |
|   |                   |

| Residency - Clinical Competency Committee             | 01/2015 – Present |
|---|-------------------|
| Physical Medicine and Rehabilitation Residency        |                   |
| New York Presbyterian Hospital                        |                   |
| Division of Rehabilitation Medicine                   |                   |
| Weill Cornell Medicine                                |                   |
| Physician Planning committee Member                   | 11/2015-Present   |
| Center for the Performing Artist                      |                   |
| New York Presbyterian/Weill Cornell Medicine          |                   |
| Medical Director of Outpatient Faculty Practice       | 06/2014 – Present |
| Division of Rehabilitation Medicine                   |                   |
| Weill Cornell Medicine                                |                   |
| Executive Committee Member                            | 05/2014 – Present |
| Center for the Performing Artist                      |                   |
| New York Presbyterian / Weill Cornell Medical College |                   |
| Director of Interventional Spine                      | 03/2014 – Present |
| Division of Rehabilitation Medicine                   |                   |
| Weill Cornell Medicine                                |                   |
| Sports Medicine Fellowship Site Director              | 01/2014-Present   |
| Department of Rehabilitation Medicine                 |                   |
| Co-Director   | 07/2013 - Present |
| Weill Cornell Center for Comprehensive Spine Care     |                   |
| Co-Course Director                                    | 07/2013 – Present |
| Planning Committee                                    |                   |
| Multi-Disciplinary Spine Conference                   |                   |

## H. RESEARCH SUPPORT

Summarize **Past Research** Support:

Musculoskeletal Research Team Leader Division of Rehabilitation Medicine Weill Cornell Medicine Columbia University Medical Center

For **Current extramural and intramural research funding**, provide the following for each award:

- 1. Source, amount, and duration of support (dates)
- 2. Name of Principal Investigator

## 3. Individual's role in project, including percentage (%) effort

# Candidates are encouraged to annotate multi-investigator grants to clarify their role on the project (PI, Site PI, Project leader, Core director, etc.)

## **<u>Current Research Support</u>** (duplicate table as needed):

| Source                 | Willibald Nagler Scholar in Rehabilitation Medicine |
|------------------------|---|
| Duration               | Annually  |
| Principal Investigator | Jaspal R Singh, M.D.                                |
| Your Role in Project   | PI on many projects                                 |
| % Effort               | 20%   |

## I. EXTRAMURAL PROFESSIONAL RESPONSIBILITIES

i.e. - Journal Reviewer, Editorial Boards, Study Sections, Invited Presentations

| Activity / Responsibility                    | Dates             |
|--|-------------------|
| Course Instructor                            | 09/2015-Present   |
| Spine Intervention Society                   |                   |
| Visiting Professor                           | 06/2015           |
| American Austrian Foundation                 | ,                 |
| Open Medical Institute                       |                   |
| Rehabilitation Medicine Seminar (31 Fellows) |                   |
| Salzburg, Austria                            |                   |
| Visiting Professor                           | 04/2013           |
| Seoul National university                    | 04,2013           |
| Rehabilitation Medicine                      |                   |
| Resident Research Seminar                    |                   |
| Seoul, Korea                                 |                   |
| Seedil, Norea                                |                   |
| Visiting Professor                           | 04/2013           |
| American Austrian Foundation                 |                   |
| Open Medical Institute                       |                   |
| Rehabilitation Medicine Seminar (28 Fellows) |                   |
| Salzburg, Austria                            |                   |
| Assistant Team Physician                     | 07/2011 - 06/2012 |
| University of Colorado                       |                   |
| Assistant Team Physician                     | 07/2011 - 06/2012 |
| Denver University                            |                   |
| Founder- Penn PM&R Resident Research Club    | 07/2009           |

| University of Pennsylvania School of Medicine   |                   |
|---|-------------------|
| House Staff Committee Hospital of the University of Pennsylvania PM&R Department Education Committee Ad-Hoc Member of Internal Review Committee | 06/2008 - 06/2011 |
| Research Assistant Harvard Medical School- Brigham and Women's Hospital Mentor- Gary Strichartz, Ph.D., Director of Pain Research Center        | 06/2007 - 06/2008 |
| Research Assistant The George Washington University Medical Center Mentor- Kathleen A. McHale, MD   | 07/2004 - 05/2006 |
| Summer Scholar in Orthopaedic Surgery University of Pittsburgh Medical Center- Shady Side Mentor- Raj K. Sinha, MD                              | 06/2003 - 09/2003 |

# **Oral Presentations / Invited Lectures**

| The Science Behind: Six Pack Abs" Hospital for Special Surgery, Grand Rounds, (New York, NY)  | 2/17/2017  |
|---|------------|
| "Core Strengthening" Weill Cornell Center for Comprehensive Spine Care Seminar, Weill Cornell Medicine, (New York NY)                     | 2/15/2017  |
| "Clinical Compensation Models and Contract Negotiation" Weill Cornell Medicine, Resident Didactics, (New York, NY)                        | 7/26/2017  |
| "An Evidence Based Approach to Degenerative Lumbar Spinal Stenosis."  Cornell Spine Center Grand Rounds, (New York, NY)                   | 11/18/2015 |
| "Basic Science of Rehabilitation Medicine" Weill Cornell Medicine,<br>Medical School Lecture Series, (New York, NY)                       | 11/6/2015  |
| "Needle Bevel Characteristics in a Ballistics Gel Model" International Spine Intervention Society. (Las Vegas, NV)                        | 7/31/2015  |
| Wacky Spine Injuries in Surfers" American Association of Physical<br>Medicine and Rehabilitation (AAPMR) Annual Assembly, (San Diego, CA) | 11/13/2014 |
| "Interval Training in Athletes" Weill Cornell Medicine, Primary Care<br>Lecture Series, Department of Internal Medicine, (New York, NY)   | 9/2014     |
| "Navigating Your Way to A Better Back" Weill Cornell Medicine, Myra<br>Mahon Resource Seminars, (New York, NY)                            | 9/2014     |

| "Core Rehabilitation for Back Pain" Weill Cornell Medicine, Grand Rounds, Division of Pain Medicine, Department of Anesthesiology, (New York, NY)            | 3/2014  |
|--|---------|
| "Exercising for a Healthy Back" Weill Cornell Medicine, Health and Wellness Seminar Series, Weill Cornell Spine Center, (New York, NY)                       | 10/2013 |
| "Low Back Pain in Young Adults" Weill Cornell Medicine, Resident<br>Seminar, Division of Rehabilitation Medicine, (New York, NY)                             | 9/2013  |
| "Exercise Physiology" Weill Cornell Medicine, Primary Care Lecture Series,<br>Department of Internal Medicine, (New York, NY)                                | 9/2013  |
| "Discogenic Pain" Weill Cornell Medicine, Guest Lecture at H&D Physical Therapy, (New York, NY)  | 8/2013  |
| "Lumbar Spinal Stenosis" Weill Cornell Medicine, Resident Seminar,<br>Department of Internal Medicine, (New York, NY)  | 3/2013  |
| "Sacroiliac Joint Dysfunction" Weill Cornell Medicine, Grand Rounds,<br>Division of Pain Medicine, Department of Anesthesiology, (New York, NY)              | 3/2013  |
| "High Intensity Interval Training" Weill Cornell Medicine, Grand Rounds, Division of Rehabilitation Medicine, (New York, NY)                                 | 2/2013  |
| "Neuropathic Pain and Phantom Limb Pain" Weill Cornell Medicine,<br>Resident Didactics, (New York, NY)   | 1/2013  |
| "Physical Medicine and Rehabilitation of the Aging Spine" Weill Cornell Medicine, Grand Rounds, Division of Geriatric Medicine, (New York, NY)               | 11/2012 |
| "Running Biomechanics and Injuries" Weill Cornell Medicine, Resident Didactics, (New York, NY)   | 10/2012 |
| "MRI Affects Physician Decision Making Prior to Initial Spinal Injection."  University of Colorado-Denver, Sports Medicine Research Symposium,  (Denver, CO) | 6/2012  |
| "Femoral Acetabular Impingement." University of Colorado-Denver,<br>Multidisciplinary Sports Medicine Conference, (Denver, CO)                               | 4/2012  |
| "Thoracic Outlet Syndrome: Where's the Evidence." University of Colorado-Denver, Multidisciplinary Sports Medicine Conference, (Denver, CO)                  | 1/2012  |
| "Spondylolysis in Adolescent Athletes." University of Colorado-Denver,<br>Multidisciplinary Sports Medicine Conference, (Denver, CO)                         | 11/2011 |
| "Energy Balance in Female Athletes." University of Colorado-Denver,<br>Multidisciplinary Sports Medicine Conference, (Denver, CO)                            | 9/2011  |
|  |         |

| "The Effectiveness of Using Lidoderm 5% Patch for Pain in Patients Following Total Knee Arthroplasty." Association of Academic Physiatrists, (Phoenix, AX) | 4/15/2011 |
|--|-----------|
| "Leadership in PM&R: Academic and Professional Characteristics of PM&R Chief Residents." Association of Academic Physiatrists, (Bonita Springs, FL)        | 04/2010   |
| "The Use of a Nasal Trumpet in a TBI Patient with Obstructive Sleep Apnea (OsA)". Pennsylvania Society of PM&R, (Philadelphia, PA)                         | 06/2009   |
| "The Role of Platelet Rich Plasma in Tendonopathy" University of Pennsylvania, Department of PM&R- Resident Grand Rounds, (Philadelphia, PA)               | 11/2009   |
| "Functional Spine Anatomy and Kinesiology" University of Pennsylvania, Department of PM&R- Resident Grand Rounds, (Philadelphia, PA)                       | 09/2009   |
| "Discography: Where's the Evidence?" University of Pennsylvania, Department of PM&R- Resident Grand Rounds, (Philadelphia, PA)                             | 06/2009   |

# J. PROFESSIONAL MEMBERSHIPS

Include medical and scientific societies.

| Member | International Society for the Study of the                         | 2013-Present  |
|--------|--|---------------|
|        | Lumbar Spine   |               |
|        | International Association for the Study of Pain-                   | 2013-2016     |
| Member | IASP (Member)  |               |
| Member | Spine Intervention Society- (Member                                | 2013-Present  |
| Member | American Society of Interventional Pain Physicians- ASIPP (Member) | 2008- 2015    |
| Member | American Academy of Physical Medicine and Rehabilitation           | 2008- Present |
| Member | Association of Academic Physiatrists (Member)                      | 2011-2013     |
| Member | North American Spine Society (Member)                              | 2010- Present |
| Member | American College of Physicians (Member)                            | 2006- 2012    |

# K. HONORS AND AWARDS

| Super Doctors- New York Rising Star                    | 01/2018 |
|--|---------|
| Castle Connolly-America's top Doctors ( Pain Medicine) | 10/2016 |

| Super Doctors- New York Rising Star                              | 01/2016   |
|--|-----------|
| PM&R Residency- Faculty Teacher of the Year                      | 06/2016   |
| Super Doctors- New York Rising Star                              | 01/2015   |
| Fellow in the Program for Academic Leadership (AAP)              | 02/2015   |
| - Association of Academic Physiatrists                           |           |
| Super Doctors- New York Rising Star                              | 01/2014   |
| Willibald Nagler Clinical Scholar in Rehabilitation Medicine     | 10/2013   |
| Super Doctors- New York Rising Star                              | 01/2013   |
| Resident Educator of the Year, University of Pennsylvania        | 06/2011   |
| Education Chief Resident, University of Pennsylvania             | 03/2010   |
| Administrative Chief Resident, University of Pennsylvania        | 03/2009   |
| Surgical Co-Intern of the Year, Boston University Medical Center | 06/2008   |
| George Washington University Dean's List                         | 1998-2002 |
| Presidential Scholarship in Academic Excellence                  | 1998-2002 |
| Whitfield High School – Salutatorian                             | 05/1998   |

### L. **BIBLIOGRAPHY**

Number the entries and put your name in bold type. The listings must be organized in chronological order. Use the following categories:

### **Articles in professional peer-reviewed journals**

- 1. Laker SR, Greiss C, Finoff JT, **Singh JR.** Football Participation and Chronic Traumatic Encephalopathy. PM R. 2018 Jun;10(6):655-660. PMID: 29908611
- 2. Malanga GA, Dona S, Borg-Stein J, Auriemma M, **Singh JR.** Refractory Knee Osteoarthritis: Adipose-Derived Stromal Cells versus Bone Marrow Aspiration Concentrate. PM R. 2018 May;10(5):524-532. PMID: 29776486
- 3. Davis I, Powers C, Tenforde A, **Singh JR.** A Tale of Two Treatment for Patellofemoral Pain. PM R. 2017 Dec;9(12):1283-1289. PMID 29274679
- Chazen JL, Leeman K, Singh JR, Schweitzer A. Percutaneous CT-guided Facet Joint Synovial Cyst Rupture: Success with Refractory Cases and Technical Considerations. Clin Imaging. 2017 Oct 25;49-7-11. PMID 29120814

- Rispoli J, Piesco JT, Singh JR. Unusual Location of Intramuscular Lipoma Presenting As An Extensor Tendon Tear: A Diagnostic Dilemma. Am. J Phys Med Rehab. 2017 Feb 3. PMID 28157132
- 6. Mehta P, Syrop I, **Singh JR**, Kirschner J. Systematic Review of the Efficacy of Particulate vs Non particulate Corticosteroids in Epidural Injections. PM&R. 2016 Nov 30. pii: S1934-1482(16)31195-9. PMID 27915069.
- 7. Cormier DJ, Gellhorn, AG. **Singh JR**. Soleus Muscle Herniation with MRI and ultrasound correlation in a female long distance runner. PM R. 2016 Nov 11. pii: S1934-1482(16)31120-0. PMID 278840296.
- 8. Rand E, Christolias G, Visco C, **Singh JR**. Comparison of Spinal Needle Deflection in a Ballistic Gel Model. Anesth Pain Med. Oct 2016 30;6(5). PMID 27847693.
- Miccio VF, Navlani R, Bonder JH, Singh JR. Fluoroscopically Guided Pulsed Radiofrequency Neurotomy Technique for the Treatment of Genitofemoral Neuralgia. Pain Physician. 2016 Sep-Oct;19(7):E1099-101. PMID 27676683.
- Singh JR, Cardozo E, Christolias GC. The Clinical Efficacy for Two-Level Transforaminal Epidural Steroid Injection. PM R. 2016 Sep 7. pii: S1934-1482(16)30908-X. PMID 27614187.
- 11. Nagpal A, Xu R, Pangarkar S, Dworkin I, **Singh JR.** Driving Under the Influence of Opioids. PM R. 2016 Jul;8(7):698-705.. PMID 27406008
- 12. Chazen JL, Talbott J, **Singh JR**. Optimal Noninvasive Imaging for Suspected Zygapophysel (Facet)-Mediated Low Back Pain. PM R. 2016 Jun;8(6):586-92. PMID 27297491
- 13. Mehta, N, Zocca, J, Shaparin, N, Snyder, M, Singh JR. Intravenous Conscious Sedation for Routine Fluoroscopically Guided Lumbar Interventions. PM R. 2016 Apr;8(4):373-9. PMID 27068556
- 14. Bajaj PS, Napolitano J, Wang W, Cheng J, **Singh JR**. Cooled Versus Conventional Thermal Radiofrequency Neurotomy for the Treatment of Lumbar Facet-Mediated Pain. PM R. 2015 Oct;7(10):1095-101. PMID 26494374.
- 15. Scholten PM, Patel SI, Christos PJ, Singh JR. Short-Term Efficacy of Sacroiliac Joint Corticosteroid Injection Based on Arthrographic Contrast Patterns. PM R. 2015 Apr;7(4):385-91. PMID: 2542127
- 16. Mehta P, Maher P, **Singh JR.** Treatment of Postherpetic Neuralgia Using a Thoracic Transforaminal Epidural Steroid Injection. PM R. 2015 Apr;7(4):443-6. PMID: 25479280

- 17. Annaswamy TM, Gosai EV, Jevsevar DS, **Singh JR**. The Role of Intra-Articular Hyaluronic Acid in Symptomatic Osteoarthritis of the Knee. PM R. 2015 Sep;7(9):995-1001. PMID 26388027.
- 18. Furman, MB, Weber, NH, Cohen SP, **Singh JR**. Single Versus Two-Level Transforaminal Epidural Steroid Injection for the Treating Lumbosacral Radicular Pain. PM R. 2015 Aug;7(8):883-8. PMID 26330460.
- 19. Wahezi SE, Lederman A, Elowitz EH, **Singh JR**. Conservative versus Operative Management for Lumbosacral Radiculopathy with Motor Deficit. PM R. 2015 Jul;7(7):770-6. PMID: 26188780
- 20. Ihm J, Mautner K, Blazuk J, **Singh JR**. Platelet-Rich Plasma versus an Eccentric Exercise Program for Recalcitrant Lateral Elbow Tendinopathy. PM R. 2015 Jun;7(6):654-61. PMID: 26068120
- 21. Singh JR, Yip K. Gluteus Maximus Calcific Tendonosis: A Rare Cause of Sciatic Pain. Am J Phys Med Rehabil. 2015 Feb;94(2):165-7. PMID: 25133622
- 22. Mehta P, Sinha D, Smith C, **Singh JR**. The Role of Interlaminar and Transforaminal Epidural Steroid Injections for Discogenic Low Back Pain without Radiation. Phys Med Rehabil Int. 2014;1(5): 6.
- 23. Yasar E, **Singh JR**, Hill J, Akuthota V (2014) Image-Guided Injections of the Hip. J Nov Physiother Phys Rehabil 1(2): 108.
- 24. Maher P, Cardozo E, **Singh JR**. A Technique for Fluoroscopically Guided Injection for Iliopsoas Bursitis. Am J Phys Med Rehabil. 2014 Dec;93(12):1105-6. PMID: 24901763
- 25. Khanna, M, Peters C, **Singh JR**. Treating Pain With the Lidocaine 5% After Total Knee Arthroplasty. PM&R. 2012;4:642-646. PMID: 22841969
- 26. Brakke R, **Singh JR**, Sullivan W. Physical Therapy in Persons with Osteoarthritis. PM&R. 2012 May;4(5) Supplement:S53-S58. PMID: 22632703
- 27. Davidovitch RI, Temkin S, Weinstein BS, Singh JR, Egol KA. Utility of pathologic evaluation following removal of explanted orthopaedic internal fixation hardware. Bull NYU Hosp Jt Dis. 2010;68(1):18-21. PMID: 20345357
- 28. Singh JR, Greenberg JS, Colavita P. Atypical Clinical Presentation of Periprosthetic Femur Fracture Following Revision Total Hip Arthroplasty. Am. J. PM&R, 89(9):772-775, September 2010. PMID: 20531152
- 29. Singh JR, Nwosu U, Ego KA. Long-term Functional Outcome and Donor-site Morbidity associated with Autogenous Iliac Crest Bone Grafts utilizing a Modified Anterior Approach. Bulletin NYU Hosp Jt. Dis. 2009;67(4): 347-51. PMID: 20001937

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O'Dell, M, Lin CD, **Singh, JR**, Christolias, GC. The Physiatric History and Physical Examination-Chapter 1. Textbook of Physical Medicine and Rehabilitation. W.B. Saunders Company, Philadelphia, Cifu (2016, 5<sup>th</sup> Edition, Pages 3-39).

### Research Publications, other/editorials

**Singh JR**. Chronic Low Back Pain often Responds to Non-Invasive Treatments. *Women's Health Advisor. Volume 18 / Number 4.April 2014.* 

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**Singh JR**, Roza R, Bartolozzi AR. Platelet Rich Plasma Therapy in an Athlete with Adductor Longus Tendon Tear. *University of Pennsylvania Orthopaedic Journal, Volume 20; May 2010.* 

### **Abstracts / Poster Presentations**

#### <u>International</u>

Scholten P, Patel S, Christos P, **Singh JR**. Efficacy of Sacroiliac Joint Corticosteroid Injection Based on Arthrographic Contrast Patterns. *Published in the proceedings of the International Association for the Study of Pain- IASP. October 10, 2014, (Buenos Aires, Argentina)* 

**Singh JR,** Maher P, Christolias GC. Clinical Effectiveness of Two-Level Transforaminal Epidural Steroid Injections: A Sub-group Analysis. *Published in the proceedings of the International Society for the Study of the Lumbar Spine, June 5, 2014 (Seoul, Korea)* 

**Singh JR,** Smith, M, Akuthota, V. Characteristics of Corticosteroid Utilization in Spinal Interventions. *Published in the proceedings of the European Congress of Physical and Rehabilitation Medicine, May 26, 2014 (Marseille, France)* 

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### **Domestic**

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Mehta P, Sarno D, **Singh JR**. A Competitive Kickboxing Injury resulting in Posterior Leg Pain. *Published in the proceedings of the American Medical Society for Sports Medicine (AMSSM), April 8, 2014, (New Orleans, LA)* 

Smith, M, **Singh JR**, Allen R, Nair K, Akuhota, V. Transforaminal Epidural Steroid Choice has Changed over the Last Decade: An Analysis of a Large Commercial Claims Database. *Published in the proceedings of the International Spine Intervention Society (ISIS), July 16, 2013, (New York City, NY)* 

Smith, M, **Singh JR**, Akuhota, V. Characteristics of Corticosteroid Utilization with Spinal Interventions. *Published in the proceedings of the Association of Academic Physiatrists Annual Convention, March 7, 2013, (New Orleans, LA)* 

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Gottwald E, **Singh JR**, Molter M. Double Crush Syndrome: L5 Radiculopathy on Superimposed Peroneal Neuropathy. *Published in the proceedings of, April 12, 2011, (Phoenix, AX)* 

Brooks DM, Lenrow DA, **Singh JR**, et al. Medicare Knowledge Gaps: A Tool to Assess to ACGME Core Competency of Systems-Based Practice in a Physical Medicine and Rehabilitation Residency Program. *Published in the proceedings of Association of Academic Physiatrists, April 12, 2011, (Phoenix, AX)* 

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Villanueva J, **Singh JR** et al. Brown-Sequard Syndrome After Cervical Laminectomy for Cervical Myelopathy Secondary to Cervical Stenosis: A Case Report. *PM&R. Vol. 1, Issue 9S, 249, September 2009. Published in the proceedings of the American Academy of Physical Medicine and Rehabilitation Annual Convention, October 24, 2009, (Austin, TX)* 

**Singh JR,** Greenberg J, Falcon N. Hyperbaric Oxygen as Treatment of Ischemic Cerebral Air Embolus Following Internal Carotid Artery Angioplasty and Stenting. *Am. J. Phys. Med. Rehabil. Volume 88, No. 3. Mar 2009. Published in the proceedings of Association of Academic Physiatrists, February 26, 2009, (Colorado Springs, CO)* 

### **GRANTS**

## 01/2017 Principle Investigator

"Genicular Neurotomy for Chronic Knee Pain"

Weill Cornell Medicine Dean's Council

Grant Award: \$100,000

## 07/2012 **Co-Investigator**

"Is there a need for Magnetic Resonance Imaging (MRI) prior to initial lumbosacral spinal injection?"

University of Colorado Health and Welfare Trust

PI: V. Akuthota

Grant Award: \$79,000